1st April 2014

Dear Year 2 Parents/Caregivers,

Personal Development, Health and Physical Education (PDHPE) is an important learning area in the school’s curriculum. The school follows the Board of Studies K-6 PDHPE syllabus which aims to develop in each student:

- The skills to make informed decisions
- Movement skills and personal fitness
- Social responsibility and well-being.

The PDHPE K-6 syllabus covers a wide range of topics including relationships, drug use, human sexuality, child protection, movement skill development and fitness. Some of the content in this learning area is sensitive and the school recognises this by teaching about these issues within the context of Catholic values and a developmentally appropriate K-6 PDHPE program.

This letter is to inform you that the PDHPE unit which has a focus on Child Protection will be taught next term. The unit is called ‘Protecting Me’. Our school values the role that parents have in the education of their children, especially in matters relating to health. We would encourage you to take this opportunity to talk to your child prior to the commencement of the unit and during its implementation.

The PDHPE syllabus content related to the Positive Relationships- Protecting Me for Stage 1 is outlined below:

**Essential Questions**
- What is a positive caring relationship and how can the role of power influence my relationships?
- What is abuse and how can I protect myself and others?

**Lesson Overview**
1. What things keep me healthy, happy and safe? (E.1)
2. Why is it important to tell others how I feel? (E.1, E.3)
3. What are warning signals? (E.1)
4. How can I recognise safe and unsafe situations? (E.1)
5. Who can I trust? (E.2)
6. How can I protect myself? (E.1)
7. When should people ask permission? (E.3)
8. What can I do when I feel unsafe? (E.2, E.3)
9. When are secrets unhappy? (E.1, E.2)
10. Who will help me when I feel unsafe? (E.1, E.2, E.3)

If you would like to discuss this curriculum area please contact your child’s class teacher. Your support for this important school program is valued and appreciated.

Yours sincerely

Lyn Kelly, Dave McCune, Anne Tutt and Ronnie Hawkins

Year 2 Teachers